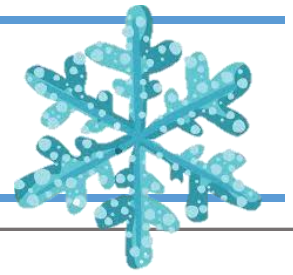




Counselors' Corner



December 2019

Word of the Month: Empathy

Definition: The ability to understand and share the feelings of another

Words: Merciful Kindhearted Compassion

Sentence: The fact that you care about your friends lost homework shows **empathy**.

Videos:

Brene Brown on Empathy

<https://www.youtube.com/watch?v=1Evwgu369Jw>

Sesame Street: Mark Ruffalo: Empathy

https://www.youtube.com/watch?v=9_1Rt1R4xbM



Books:

The Rabbit Listened by Doerrfeld (Age 3-5)

Hey, Little Ant by Phillip Hoose and Hannah Hoose (Age 3-7)

We're All Wonders by R.J. Palacio (Age 4-8)

The Invisible Boy by Trudy Ludwig (Age 8-10)

Wonder by R.J. Palacio (Ages 8-12)



Angel Tree

It is time to kick off our Hilldale Angel Tree! If you would like to adopt an Angel you may come up to the Elementary Library to choose your own, or you can contact Ms. Ross or Ms. Walkup to adopt one of our Angels.

Gifts will be needed back to the school no later than December 16th and gifts will go out the 19th and 20th.

Thank you for always supporting our Hilldale Students!



Contact Information

918-683-1101

Bailey Ross: ext 266

bross@hilldaleps.org

Marla Walkup: ext 428

mwalkup@hilldaleps.org

Counselor Needs:

- Gallon size ziplock bags
- Chapstick

THANK YOU SO MUCH FOR YOUR HELP
BUILDING OUR HYGIENE CLOSET!